

OCTOBER 2020

LUCAS LOCAL SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Quesadilla **5**
Baked Beans
Strawberry Cup
Milk

French Toast Sticks **6**
Sausage Links
Potato Triangles
Fresh Apple Slices
Milk

Salisbury Steak **7**
Mashed Potatoes
Fz. Fruit Slush Cup
Dinner Roll w/Marg.
Milk

Ham and Cheese Sandwich
Green Beans
Peach Cup
Milk

Pepperoni Calzone **2**
Broccoli
Craisins
Milk

Marzetti (Rotini and Sauce
mixed together) **8**
Green Beans
Peach Cup
Breadstick
Milk

Ribwich Sandwich **9**
Fresh Carrots w/Ranch
Flavored Raisins
Milk

Pizza **12**
Tater Tots
Applesauce Cup
Milk

Cheeseburger **13**
Fresh Carrots w/Ranch
Pears
Milk

Chicken Strips **14**
Corn
Strawberry Cup
Milk

Mini Corn Dogs **15**
Potato Smiles
Peach Cup
Milk

Cheese Calzone **16**
Broccoli
Fz. Fruit Slush Cup
Milk

Chicken Patty Sandwich **19**
Potato Triangles
Craisins
Milk

Pepperroni Ripper **20**
California Blend Vegetables
Fresh Apple Slices
Milk

Hot Dog **21**
Potato Smiles
Fz. Fruit Slush Cup
Milk

Ham and Cheese Sandwich **22**
Green Beans
Peach Cup
Milk

Macaroni and Cheese **23**
Fresh Carrots w/Ranch
Applesauce Cup
Milk

Chicken Quesadilla **26**
Baked Beans
Strawberry Cup
Milk

French Toast Sticks **27**
Sausage Links
Potato Triangles
Craisins
Milk

Ribwich Sandwich **28**
Fresh Carrots w/Ranch
Flavored Raisins
Milk

Marzetti (Rotini and Sauce
mixed together) **29**
Green Beans
Peach Cup
Breadstick
Milk

NO SCHOOL **30**

ALL LUNCHES ARE FREE TO ALL STUDENTS BEGINNING SEPTEMBER 21, 2020 THRU DECEMBER 31, 2020

MENU SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

