

SEPTEMBER 2022

LUCAS LOCAL SCHOOL



Monday

Tuesday

Wednesday

Thursday

Friday



NO SCHOOL

5

W/G French Toast Sticks
Sausage
Fruit
100% Fruit Juice
Milk

6

W/G Mini Cinnamon Roll
Fruit
100% Fruit Juice
Milk

7

Breakfast Pizza
Fruit
100% Fruit Juice
Milk

8

Egg, Cheese, Turkey Bacon
On W/G English Muffin
Fruit
100% Fruit Juice
Milk

9

W/G Cereal
Yogurt
Fruit
100% Fruit Juice
Milk

12

W/G French Toast Sticks
Sausage
Fruit
100% Fruit Juice
Milk

13

2 HR DELAY DAY
NO BREAKFAST

14

Breakfast Pizza
Fruit
100% Fruit Juice
Milk

15

Egg, Cheese, Turkey Bacon
On W/G English Muffin
Fruit
100% Fruit Juice
Milk

16

W/G Cereal
Yogurt
Fruit
100% Fruit Juice
Milk

19

W/G French Toast Sticks
Sausage
Fruit
100% Fruit Juice
Milk

20

W/G Mini Cinnamon Roll
Fruit
100% Fruit Juice
Milk

21

Breakfast Pizza
Fruit
100% Fruit Juice
Milk

22

Egg, Cheese, Turkey Bacon
On W/G English Muffin
Fruit
100% Fruit Juice
Milk

23

W/G Cereal
Yogurt
Fruit
100% Fruit Juice
Milk

26

W/G French Toast Sticks
Sausage
Fruit
100% Fruit Juice
Milk

27

W/G Mini Cinnamon Roll
Fruit
100% Fruit Juice
Milk

28

Breakfast Pizza
Fruit
100% Fruit Juice
Milk

29

Egg, Cheese, Turkey Bacon
On W/G English Muffin
Fruit
100% Fruit Juice
Milk

30

Breakfast Meal Prices: KG thru 12th Grade: \$1.50
Reduced : .30
Free: Free