

OCTOBER 2022

LUCAS LOCAL SCHOOL

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| Pizza Ripper 3 Sweet Potato Fries California Blend Vegetables Applesauce Cup Milk | Salisbury Steak 4 Mashed Potatoes w/Gravy Corn Fz Fruit Slush Cup w/g Garlic Toast Milk | General TSO's Chicken 5 Vegetable Fried Rice Broccoli Strawberry Cup Fortune Cookie Milk | French Toast Sticks 6 Scrambled Eggs Sausage Potato Triangles Fresh Grapes Milk | Sub Sandwich 7 Ham, Turkey, Salami, Cheese Green Beans Fresh Carrots w/Ranch Fresh Apples w/Carmel Milk |
| Shredded Chicken 10 Broccoli Baked Beans Applesauce Cup Milk | Meatball Sub 11 Sweet Potato Fries Green Beans Strawberry Cup Milk | NO SCHOOL 12 | Pepperoni Calzone 13 Corn Peas Fresh Apples w/g Cookie Milk | Soft Beef Taco 14 Cooked Carrots Potato Smiles Fresh Grapes Milk |
| Chicken Patty Sandwich 17 French Fries Baked Beans Applesauce Cup Milk | BBQ Rib Sandwich 18 Broccoli Corn Peach Cup Nutrition Bar Milk | Rotini w/Meat Sauce 19 Green Beans Cooked Carrots Raisils w/g Garlic Breadstick Milk | Mini Corn Dogs 20 Peas California Blend Vegetables Fz Fruit Slush Cup Milk | Peanut Butter & Jelly 21 Mozz. Cheese Stick Potato Smiles Sunbelievable Juice Cup Fresh Apples w/Carmel Milk |
| Hot Dog 24 Baked Beans Broccoli Applesauce Cup Baked Chips Milk | Chicken Quesadilla 25 Peas Sweet Potato Fries Strawberry Cup Milk | Cheeseburger 26 French Fries Cooked Carrots Oranges Milk | Chicken Strips 27 Mashed Potatoes w/Gravy Corn Peaches w/g Garlic Breadstick Milk | Pizza 28 Green Beans California Blend Vegetables Grapes Milk |
| Salisbury Steak 31 Mashed Potatoes/Gravy Corn Strawberry Cup w/g Garlic Toast Milk | | | | |

LUNCH PRICES: KG THRU 7TH GRADE: \$3.00
 8TH GRADE THRU 12TH GRADE: \$3.25
 REDUCED: .40
 FREE: FREE

Menu Subject to Change

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday

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