Lucas Local School District
Elementary Lunch Menu

October 2026

Fresh Eats CAFETERIA

Director of Food & Nutrition
Hannah Ellis | Phone:419-892-2338 | Email: lucaslocal@thenutritiongroup.com

Monday	Tuesday	Wednesday	Thursday	Friday
Being the Best ME I Can Be **Eat well, feel great, be amazing.**			1 Macaroni & Cheese w/ Garlic Toast Green Beans Fresh Orange Alternate: Nacho Munchable	2 Cheese or Pepperoni Pizza Mixed Vegetables Applesauce Alternate: Turkey Sandwich
5 Macaroni & Cheese w/ Garlic Toast Green Beans Fresh Orange Alternate: Nacho Munchable	6 Corn Dog Nuggets Baked Beans Fresh Oranges Alternate: Pretzel Bites Munchable	7 French Toast Sticks & Sausage Tater Tots Grape Juice Alternate: Pizza Munchable	8 Pasta & Meatballs Green Beans Fresh Apple Slices Alternate: Nacho Munchable	9 Cheese or Pepperoni Pizza Mixed Vegetables Applesauce Alternate: Ham Sandwich
12 NO SCHOOl Teacher in-service	13 Mozzarella Sticks Steamed Carrots Fresh Apple Slices Alternate: Peanut and Butter Jelly Sandwich	14 Cinnamon Roll w/Sausage Tater Tots Orange Juice Alternate: Pizza Munchable	15 Orange Chicken Bowl w/Rice Mixed Vegetables Banana Alternate: Nacho Munchable	16 Cheese or Pepperoni Pizza Glazed Carrots Fruited Gelatin Alternate: Turkey Sandwich
19 Sloppy Joe Sandwich Glazed Carrots Diced Peaches	20 Popcorn Chicken Bow Mashed Potatoes Fresh Orange Alternate: Pretzel Bite Munchable	21 Dutch Waffle w/Chicken Nuggets Tater Tots Apple Juice Alternate: Pizza Munchable	22 Beef and Cheese Nachos Refried Beans Cinnamon Apples Alternate: Peanut Butter & Jelly Sandwich	23 Cheese or Pepperoni Pizza Green Beans Diced Peaches Alternate: Ham Sandwich
26 Boneless Wings w/Garlic Toast Steamed Broccoli Mandarin Oranges Alternate: Peanut Butter & Jelly Sandwich	27 Chicken Patty Sandwich Green Beans Pineapple Tidbits Alternate: Pretzel Bite Munchable	28 Hot Dog French Fries Apple Crisp Alternate: Pizza Munchable	29 Beef and Cheese Tacos Refried Beans Banana Alternate: Nacho Munchable	30 Cheese or Pepperoni Pizza Glazed Carrots Fruited Gelatin Alternate: Turkey Sandwich

National School Lunch Week

Daily Milk Options: 2% white, fat free chocolate / Elementary Lunch $3.00

USDA is an equal opportunity provider, employer, and lender.
Menu subject to change.

The Nutrition Group